



Lingfield Primary School, Buxton Avenue, Marton, Middlesbrough, TS7 8DL

Tel: 01642 319918

Headteacher: Mrs Nicola Padgett

Email: Lf-schoolemail@lingfield.lingfieldtrust.org.uk

27th September 2026

Dear Parent/Carer,

Invitation to PSHE Curriculum Review Coffee Morning on 9th October 2026 at 9.30am

At Lingfield Primary School we are committed to providing high-quality Personal, Social, Health and Economic (PSHE) education that supports your child's development and wellbeing throughout their time with us.

Reviewing our PSHE provision

We are currently reviewing our PSHE curriculum in line with the DfE's updated statutory guidance for Relationships, Sex and Health Education, published in 2025. This is a positive opportunity to bring our curriculum content up to date in a changing world, whilst maintaining our age appropriate focus on the core knowledge and essential skills that children need to navigate different aspects of their lives with confidence both in and beyond primary school.

At Lingfield Primary School we use Jigsaw, the mindful approach to PSHE, as our comprehensive scheme of work. The program consists of six half-term units (Puzzles): Being Me in My World, Celebrating Difference, Dreams and Goals, Healthy Me, Relationships and Changing Me. Each Puzzle contains lessons that build progressively through the school, developing children's emotional literacy, self-esteem, resilience and understanding of how to build positive, healthy relationships.

The updated guidance enhances the Jigsaw program we already know and trust, rather than requiring radical changes. The strong foundations remain the same - we continue to focus on building the fundamental skills and knowledge children need - whilst ensuring our content reflects the world they are growing up in. As part of our review, we are also considering how we adapt the program content to best suit the needs and context of our school community.

Your views matter

As part of our review process, we warmly invite you to attend a consultation session where you will have the opportunity to:

- Learn about the Jigsaw PSHE program and how it is taught across all year groups
- Understand how we adapt the content to meet the needs of our school community
- See examples of the materials and resources we use
- Understand how our curriculum meets statutory requirements for Relationships and Health Education

- Ask questions about any aspect of our PSHE provision
- Share your views and feedback to help inform our curriculum decisions
- Understand your right to request withdrawal from specific non-statutory Sex Education lessons

In addition to the PSHE Curriculum Review Coffee Morning on 9th October 2026, we have uploaded information onto our website which I would encourage you to read. This includes

- Our proposed draft PSHE/SRE policy
- Jigsaw Information Leaflet for Parents and Carers (2026)
- Jigsaw RSHE Overview Grid
- Jigsaw Snapshot Overview Map

Your child's wellbeing, safety and personal development are at the heart of everything we do, and we value your input as we ensure our curriculum continues to meet the needs of our school community. We look forward to sharing our provision with you and hearing your views.

Yours sincerely,

Mrs Nicola Padgett
Head Teacher